

Fresh in a Flash 16 Menu Plan

Client Information	Service Dates: _____, 2016/17
Client Name & Service Address	
Home Access & Payment	Client home, OR Key/FOB will be given if client out Alarm? _____ Alarm code? _____ Service fee paid on day of service, via cheque or interbank transfer: groceries pre-paid with grocery deposit/Thriftys card.
Packaging	Supplied by client, or purchase at an additional cost?
Phone/Cell	Home: _____ Cell: _____
Email	

Fresh in a Flash 16 *FEE: \$239 + GST, travel fee, and variable grocery costs, (\$150-165 approx.)*

Dinner Menu Choices	Portions	Clients Selections, from Master Menu
Entree	4	
Casserole	4	
Entree, Casserole, Stew or Chowder	4	
Soup/Stew/Chowder/Chili	4	

Service Plan	Fees	GST	Subtotal
Fresh in a Flash x 16	\$239	11.95	250.95
Travel Fee: if applicable, based on distance, if outside service area		n/a	
<u>Groceries:</u> (approx. \$150-165)			
Thrifty Foods		n/a	
Other		n/a	
		Total	